

Sacred Heart of Jesus School

5 Hamilton Avenue
Hamilton, ON
Phone: (905) 383-6811 Fax (905)383-8520



Dr. M. Ssemanda, Principal

Mr. G. Frade, Principal Intern

April 2019

✠ *A Message From Fr Charlie*

Blessed Sacrament and Sacred Heart Schools

Lent 2019

We continue in this Lenten Season of renewal as we are preparing to celebrate the Easter Triduum.

Part of our preparations is to take advantage of the Sacrament of Reconciliation.

The Sacrament will be offered at the following extra times:

(Sacred Heart) Tuesday April 9th - 5:30pm - 6:30 pm
(Sacred Heart) Tuesday April 16th - 5:30 pm - 6:30 pm
(Sacred Heart) Thursday April 18 - 9:30 am - 10:30 am
(Blessed Sacrament) Saturday April 6th - 3:30pm-4:30 pm
(Blessed Sacrament) Saturday April 13th - 10 am- 11 am
* 3:30pm - 4:30 pm
(Blessed Sacrament) Wednesday April 17th - 8:00 am - 9:00 am

The Liturgies of the Easter Triduum are as follows:

Holy Thursday (April 18) - Mass of the Lord's Supper- 8:00 pm (Blessed Sacrament)

*Good Friday (April 19) 3:00 pm (Sacred Heart)

3:00 pm (Blessed Sacrament)

Holy Saturday (April 20) - Celebration of Easter Vigil - 8:00 pm

(Blessed Sacrament)

Easter Sunday Masses - 9:00 am (Sacred Heart)

11:00 am (Blessed Sacrament)

*Day of Fast and Abstinence

Mrs. S. Pizzuti
Superintendent of
Education

Mr. P. Daly
Trustee

Fr. Charlie Jordan
Sacred Heart Church
19 Viewpoint Avenue
Hamilton, ON
L8V 2S4
(905)383-3280

Feeder School:

St. Jean de Brebeuf
Catholic School
200 Acadia Drive
Hamilton, ON
(905)388-7020



Message from the Principal

I stumbled upon this beautiful speech written by Shaham F., a student from Halton Catholic District School Board and wanted to share it with you. It captures the essence of all what we have been promoting here at Sacred Heart of Jesus Catholic Elementary School in regards to acts of kindness. It is entitled:



The Virtue of Kindness

“Kindness is a range of acts and habits. They can be described as manners or heartfelt courtesy. These etiquettes not only apply to our relationship with people, but also to things like animals, plants and the earth. Kindness can be as simple as saying hello,

good morning, or good day or by just giving someone a smile. What kindness really means is being happy with others and helping one another by caring, sharing, being together, and loving each other like God’s children. God says that we should love as I loved you. We should be nice to each other. There are 8 ways to be kind: 1. Be kind to the water 2. Be kind to the air 3. Be kind to nature 4. Be kind to the children 5. Be kind to the elderly 6. Be kind to your family 7. Be kind to your friends and strangers 8. Be kind to your teachers.



Kindness offers people a sanctuary for peace in the world, no matter how large or small or where over 6 billion people live. Thousands of forests are logged each day and dozens of species become endangered or eliminated. The Earth’s climate is changing and there are increased natural disasters such as global warming. This is not being kind to nature. Jesus Christ preached the Golden Rule, “Do unto others as you would have them do unto you.” This is being kind. Fear caused by social injustice, oppression, exploitation, violence or loss of dignity, are examples of not being kind to those around you. Mother Teresa says, “We cannot do great things. We can only do small things with a great amount of love.” If we practice Random Acts of Kindness, the world would be a better place. We could help those in pain. We can be thoughtful to one another and show we care. We should use our manners all the time. It is nice to give compliments to each other so they feel good. It is always great to volunteer your time just like our teachers do in helping us and coaching our school teams. We all show kindness when we help with charities in our schools. Now that I have given you many different ways that you can be or show kindness, I hope that everyone here will be kind to each other.” By: Shaham F.

When we are kind to others, we experience joy and peace in our hearts. God of love, peace, hope and joy, help us always to be kind to others.

I wish you all a very blessed and holy Easter!



Safety Concerns

It has been brought to our attention that some parents are parking illegally and this is causing a lot of confusion and traffic congestion problems. Please obey the parking signs by parking legally. Below is the information regarding the parking and fines:

"park" or "parking" when prohibited, means the standing of a vehicle whether occupied or not except when standing temporarily for the purpose of and while actually engaged in loading or unloading merchandise or passengers;

Fine: Early Payment \$26.00 (payment within 7 days of the offence) Late Payment \$33.00 (payment within 15 days of the offence)



"stop" or "stopping" when prohibited, means the halting of a vehicle, even momentarily whether occupied or not, except when necessary to avoid conflict with other traffic or in compliance with the directions of a constable or other police officer or of a traffic control sign or signal;

Fine: Early Payment \$60.00 (payment within 7 days of the offence) Late Payment \$75.00 (payment within 15 days of the offence).

We do not want any of our parents/guardians to get ticketed. Your cooperation and understanding in this important matter is very much appreciated.

First Communion

The grade two students are excited about celebrating the Sacrament of the Eucharist (First Holy Communion) this year. The Sacrament of the Eucharist (First Holy Communion) will be celebrated at Sacred Heart of Jesus Church on Sunday, May 5th, 2019 at the 9:00 a.m. mass. If you have any questions and/or concerns at this time, please contact Mr. DiBenedetto and Mr. Donelson.



Confessions

Reminder that open confessions are offered every Tuesday evening from 6:00 to 6:30 pm.

Confirmation

The grade 7 students will be receiving their confirmation. The sacrament of Confirmation will be on Saturday, April 27, 2019 at Blessed Sacrament Church at 5:00 pm.



Graduation



Congratulations to our grade 8 students who will be graduating this year. Graduation is scheduled for Tuesday June 18th, 2019. It will begin with a 9:15 a.m. Mass followed by Awards Ceremony and family dinner at Liuna Station beginning at 5:00 p.m.

Next Council Meeting

Our next Catholic School Council meeting will be on Thursday May 2nd 2019 at 6:00 p.m. in the Learning Commons. All parents are welcome to attend.

New Registrations

Registrations for students entering Junior Kindergarten or Kindergarten in September 2019 are now being taken. Please call the school to book an appointment to register your child. Tell neighbours and friends! We need to know about all new students as soon as possible in order to begin planning for class organization and staffing for September. Please make sure you have the following documents with you upon registration:



- Original Birth Certificate (if Canadian Citizen)
- Landed Immigration or Refugee Status (if applicable)
- Original Catholic Baptismal Certificate
- Proof of Residency

Copies will be made at the school to initiate your child's file. Junior Kindergarten students must have been born in 2015 and

Kindergarten students must have been born in 2014.

Please note that Sacred Heart of Jesus Catholic Elementary School will continue to offer the Full Day Kindergarten Program for Junior Kindergarten and Kindergarten children for September 2019. Parents may wish to read the information brochure which is available at the following website to become more familiar with the program being provided.

<http://www.hwcdsb.ca/programsandservices/kindergarten>

Are you Moving?

We ask any families who will be moving out of the area for the 2019-2020 school years to please notify the office in writing. We are in the process of projecting student enrolment for September 2019 and having this information assists us in being more accurate with our projections. Your assistance with this information is greatly appreciated as school organization changes with enrolment at each grade level.



Before & After School

Parents/Guardians you are reminded that supervision is not provided before 8:30 a.m. and after 3:10 p.m. Students who are not directly being supervised by their parents, guardians or caregivers must go home right after the bell for their safety and due to liability reasons. Please remember that the school doors are locked after 3:15 p.m. We thank you all for your cooperation



INDOOR/OUTDOOR SHOES AND BOOTS

Please be reminded that ALL students need indoor and outdoor footwear for the cold and wet weather. Children spend a good portion of time outside and in addition to warm clothing, they require warm footwear. Also, we ask that children **not wear wet** footwear in the school.



NEW

REPORTING ABSENCES (Safe Arrival Program)

Our new Absence Reporting System has been implemented. Parents can report their child's absence quickly and conveniently in one of three ways:

1. Parents can call into an automated interactive telephone system via a toll free number 1-844-469-5486.
2. Parents can log into a website, hwc.schoolconnects.com to authenticate their Portal account.
3. Parents who have authenticated their accounts and have either an iOS or Android device can download an app.

The automated notification system will contact parents at multiple contact numbers until one of the designated contacts is reached. If the system is unable to reach a designated contact after 20 minutes, office staff will follow up. By reporting your child absent in advance using the Safe Arrival toll free number of the Safe Arrival Portal website/app, you will NOT receive a call. We would also like to remind parents to inform the office of any changes in phone numbers and/or addresses as it is essential that we be able to reach you in case of an emergency involving your child.

Student Attendance



Regular attendance is crucial to success at school. When students are habitually late or leave habitually early, they miss critical class time, feel disorganized and may miss important information. Punctuality is an important life skill that students learn and helps them establish good work habits for their future. Encourage your child(ren) to take responsibility for themselves to prepare and plan ahead in order to be ready and on time for school. Working together makes a difference for student learning.

Lateness: School Arrival

Lateness continues to be a concern at Sacred Heart of Jesus School. Many students miss the initial part of their instructional school day due to this late arrival. **Valuable learning time is lost.** This is tabulated and forwarded to the Hamilton - Wentworth Catholic District School Board for auditing purposes. Chronic lateness is reported to the school's social worker. Please ensure that these inappropriate patterns of behaviour are not established with your children. Students should arrive at school no later than 8:50 a.m.



© Can Stock Photo

Illness

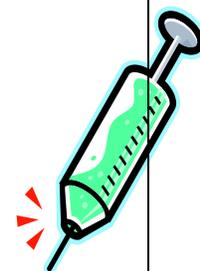
If your child shows symptoms of illness in the morning, please keep him/her at home. Once at school, they are expected to be here for the entire day unless physical symptoms of high fever or vomiting are present. Also, please keep in mind that if a child is well enough to come to school, he/she is well enough to go outside to play.



Check It Out Clinics

Community Professionals are available at a variety of locations to meet with families and their children from newborn to 6 years of age to offer consultation, teaching and referral with respect to their child's development. Early Child Development Identification sessions are free and no appointment is necessary. Please note the hyperlink to a newspaper article highlighting the importance and benefit of Check It Out Clinics for children and families.

<http://www.thespec.com/news/local/article/624994-checking-out-your-child's-development>



Safety



We need your cooperation to make sure the fence and gates to the playground remain closed to ensure the safety of our staff and students.

Playground Safety

For the safety of our children in the playground, we ask that only NERF (soft) balls be used. No other type of ball should be brought to school except for the basketballs being used at the basketball net. For the safety of all of our children **please do not bring any dogs on the school property.** Some children are not only allergic to them but others may be very frightened of dogs and even the best behaved dogs may react unexpectedly when confronted by large numbers of children. Thank you all for your cooperation.



Seasonal Flu Update



To prevent the spreading of flu students are reminded to continue to wash their hands frequently, to cough/sneeze into the elbow and to avoid sharing snacks and personal effects. If your child displays flu-like symptoms, it is strongly recommended to keep your child at home in order to prevent the spread of the virus.

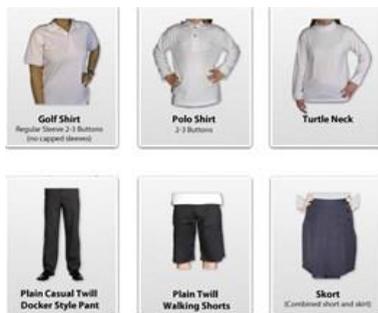
Communication

If you have any concerns or questions about the curriculum, work being sent home or your child's progress or well-being, your child's classroom teacher is a good contact. You may leave a message for your child's teacher at the office or by communicating in the agenda. Please be patient and the teacher will get back to you as soon as he or she is able to. If you have any concerns regarding the school, please do not hesitate to come and discuss the matter with the Principal.



School Uniforms

In conjunction with our Board of Trustees and the Catholic School Council, the expectation is that all students will be in complete and proper school uniform. Our colours are navy and white for tops and navy blue for bottoms. A reminder that all tops must have a collar. Cargo pants or kobe pants (pants with pockets along the leg), track/warm-up pants, skinny pants and corduroy pants are not permitted. Jackets and coats are non-uniform pieces; sweaters for inside must be navy blue or white. Hoodies are not permitted. Crests can be either embroidered or on a patch which is sewn to the garment, not screened-on (ink process). As well, crests can be purchased at the school office for \$3 if needed. In addition, spirit-wear (ie.: team/grad sweatshirts/hoodies, t-shirts) are not part of the school uniform. If you need assistance with the purchase of uniforms, please contact the school to speak with the Principal, Mrs. Ssemanda.



Mandatory School Uniform implies that all students arrive at school dressed appropriately and in adherence to the Board and school Uniform Policy. Failure to do so shall result in consequences as outlined in the Board Uniform Policy under the Dress Code/School Uniforms Policy Section 17.

Anaphylaxis

Sacred Heart of Jesus School is a place where all children feel safe and have a sense of belonging. To ensure the safety and well-being of all children, please note below the important information from Anaphylaxis Canada:

- Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death;
- Signs and symptoms of a severe allergic reaction can occur within minutes of exposure to an allergen (a substance capable of causing an allergic reaction)
- Very small amounts of certain foods can cause severe reactions when eaten. This may happen if a person at risk touches an allergenic substance and then subsequently touches the mouth. Even a very small amount 'hidden' in a food or transferred to a serving utensil has the potential to cause a severe allergic reaction. Direct ingestion of an allergy-causing food poses the greatest risk for people with food allergies.



Cooperation from parent and guardians in adhering to the guidelines below is most appreciated:

- There are students at this school who are allergic to the following foods items: Peanuts, all nuts, tree nuts, raw eggs, sea food, and hazelnuts
- Please avoid bringing these allergens into the school.
- Reinforce hand washing practices: wash hands before and after eating.
- Remind children not to share or trade food, food utensils, or food containers.
- Please do NOT bring any food products into the school; with permission, **non-food items** are permitted for various celebrations and special events and activities.



Thank you for your help in keeping all our children safe.

New Concussion Protocols"



The Hamilton-Wentworth Catholic District School Board (HWCDSB) recognizes that children and adolescents are among those at greatest risk for concussions. The potential for a concussion is greatest during activities where collisions can occur, such as during physical education (PE) class, playground time, or school-based sports activities. However, concussions can happen any time a student's head comes into contact with a hard object, such as a floor, desk, or another student's head or body. Recent research has made it clear that a concussion can have a significant impact on a student's cognitive and physical abilities. Without identification and proper management, a concussion can result in permanent

brain damage. Awareness of the signs and symptoms of concussion and knowledge of how to properly manage a diagnosed concussion is critical in a student's recovery and is essential in helping to prevent the student from returning to learning or physical activities too soon and risking further complications.

Please be advised that should your child be suspected of a concussion based on the signs and symptoms they are presenting, this new Concussion protocol will now come into effect.

For more information on this protocol, please visit the Board's website under the Board tab, Policies and Procedures at <http://www.hwcdsb.ca>.

Precious Moments Boutique Open House

Wednesday, May 15, 2019
From 3:00 - 6:00 p.m.



At St. Mary Catholic Resource Centre, 3rd Floor 203 McNabb Street, North Hamilton
Gently new and experienced Graduation and First Holy Communion dresses and suits are available to students at no cost. Students & parents are welcome.
Contact: Kelly Duffy-Kariuum, Social Worker, 905-525-2930 Ext. 2831.

EQAO Testing – Grades 3 & 6



Once again this year, our grade 3 and 6 students will participate in the Education Quality and Accountability Office (EQAO) Primary and Junior Division assessments of Reading, Writing and Mathematics. Our grade 3 and Grade 6 students will write the EQAO test from May 21 to June 3, 2019. Students will be required to complete three test booklets: one reading, one, writing and one mathematics: The kind of questions in the booklets will be familiar to your child as they are based on the type of work which they have been doing throughout the year. Sample questions can be viewed on the EQAO website at www.eqao.com.

We ask that you make every effort to avoid holidays during these days and to ensure that your child is in attendance each during the assessment. We would also appreciate your efforts in scheduling appointments around this block of time.

Additional information regarding the EQAO assessment will be sent home to our Grade 3 and Grade 6 parents in the month of April.

Volunteer Police Checks

A reminder to all parents that a current Police Check is required for anyone wishing to attend class trips or to volunteer at the school. Please contact the office to obtain a reference letter which will reduce the cost of the police



CURRICULUM UPDATES

Mrs. DiGiacinto & Ms. Demydchuk FDK

Spring is full bloom and the children are enjoying the changes outside. We are excited to start our nature walks within our community. Through stories and poems, we will discuss flowers and bugs. As well, we are talking about the Lenten Season.

The Children will learn about various media including posters, poems, stories, and how to write a thank you card.



We are also focusing on Measurement, specifically capacity and time.

During this Lenten Season we wish you all of God's blessings. Happy Easter!

Mr. DiBenedetto Gr 1/2

In literacy, the grade 1's and 2's will learn how to make connections to texts that they read. The students will also dive deeper into writing their own narratives with a focus on including a main character, setting, problem and solution.

In math, the students will continue to explore 3-dimensional shapes. Later in the months, the class will begin to learn about the mass of objects, capacity of containers and how to tell time using digital and analogue clocks.

Mr. Donelson Gr 2/3

We are continuing our 3D Geometry and Spatial Sense. Grade 2s will be learning to identify three dimensional figures and sort and classify them by their geometric properties. Grade 3s will be learning to compare three dimensional figures and sort them by their geometric properties. In Social Studies Grade 2s will continue to learn about People and Environments: Global Communities. Grade 3s will be learning People and Environments: Living and Working in Ontario.



Ms. Cifani Gr. 3/4

In April, the grade 3's and 4's will begin our next Number Sense unit. We will be focusing on demonstrating an understanding of multiplication and division. Grade 3's will focus on being able to multiply 7×7 and divide $49 \div 7$, while Grade 4's will be able to multiply 9×9 and $81 \div 9$ both using a variety of strategies.

In literacy, we will continue with our narrative writing unit, focusing on organizing ideas and information in order to write main ideas and include supporting details such as setting, characters, problem and solution in a logical sequence. For our reading strategy, we will begin summarizing, focusing on understanding a text's main ideas using the strategy 'Somebody Wanted But So.'

Mr. Frade Gr. 4/5

In April, the 4/5 class will be wrapping up multiplication and division and then moving onto 3D geometry and measurement in math. They will transition into using inferencing to help determine the main idea as a reading strategy, and they will delve into point-of-view writing. In social studies, the grade 4 students will be learning about the political and physical regions of Canada, while the grade 5s learn about the role of government and responsible government. The junior boys' volleyball team will be busy throughout the month during regular season play and preparation for their playoff season.

Mr. MacLeod Gr 6/7

In Math, the Grade 6 and 7 class will move on from Numeration and begin Measurement and Geometry. In Religion the grade 6 class will be focusing on the Sacrament of Holy Orders while grade 7s will research and complete a written report on their chosen Saint, in preparation for Confirmation. Grade 6 will be moving on from their Science unit on Flight towards their second Social Studies unit "Communities in Canada Past and Present". Grade 7 students will begin an inquiry assignment in History, which asks them to research a major event in Canada's past that has strongly influenced our present day society.

Ms. Delio Gr. 7/8

The grade 7/8 class will be working on summarizing as they read. We will continue with expository writing, focusing on persuasive/augmentative. In math, we will be continuing with Fractions (Unit 4). In History, we will continue to investigate Canadian's conflicts and changes between 1800-1850 for Grade 7 and the changing society between 1890-1914 for Grade 8. In science, we will be finishing on "Pure Substances and Solutions" (Grade 7) and "Fluids" (Grade 8) and moving on to our new unit on "Heat in the Environment" (Grade 7) and "Water Systems" (Grade 8).



March Award Recipients



Teacher

	Academic	Christian Attitude	Forgiveness
Ms. Demydchuk - FDKA	Elijah	Violet	William
Mrs. DiGiacinto - FDKB	Jericho	Maya	Sofia
Mr. DiBenedetto Gr 1/2	Maria	Lucas	David
Mr. Donelson Gr 2/3	Cameron	Gabriel	Elly
Miss Cifani Gr 2/3	Steven	Angelia	Karlo
Mr. Frade Gr 4/5	Vanessa	Joshua	William
Mr. MacLeod Gr 6/7	Britton	Luca	Juliya
Ms. Delio Gr 7/8	Barnett	Liam	Lucas
Mr. Czerniga-French	Celina - Gr. 4 Joel - Gr. 4/5 Andrea - Gr 5/6, Marisa - Gr. 7/8		

ONLINE PAYMENTS NOW AVAILABLE!

For safety and efficiency reasons, we want to reduce the amount of Cash & Checks coming into our school. School related expenses are now available online for you to make payment.

Parents please register!

Here's how:



Step 1: Go to this website:

<https://hwcdsb.schoolcashionline.com>

Step 2: Register by selecting the "Get Started Now" and following the steps

Step 3: After you receive the confirmation email, please select the 'click here' option, sign in and add each of your children to your household account.

Any questions or concerns, please contact parenthelp@schoolcashionline.com or 1-866-961-1803