



Cyber Awareness Month – November 2-6

Week 2: Why Me?

Focus on understanding cyber threats and why cybercriminals or malicious individuals may be targeting you.

- **This week we will look into the following:**
 - Understanding cyber threats and how they work
 - Ransomware and malware as a form of cyber threat
 - Identity theft
 - The long game for cybercriminals

Begin this week by watching the [Why Me? video](#) ([transcript](#)) as this is a common question that as a Staff, Teacher or Student you may be asking yourself. Then go to the website “[haveibeenpwned.com](#)” to do a self check up on the information that is out in the public about your accounts and may be used by a cybercriminal.

This week choose one or more daily cyber security topic(s), read, learn and apply to be more aware of how and why you can be a target.

- **Cyber Threats:**
 - [How cyber threats work](#)
 - [Cyber security for kids: how parents can talk with their children](#)
 - A brief overview of [cyber criminal's favourite tactics](#)
 - [Cyber Security Quiz](#) for Students
- **Malware and Ransomware:**
 - [What is malware and how can you protect yourself](#)
 - Know the difference between the types of [Malware](#)
 - [What is Ransomware and how to stay cyber secure](#)
 - How can [backing up your data](#) help you to reduce the risk of loss in the event of Ransomware
 - See how Teachers, Staff and Students can be Targets of Ransomware ([Word](#) / [PDF](#))
- **Identity Theft:**
 - [Identity Theft and You](#)
 - Take the [Privacy Quiz for Youth](#) (online quiz)
 - [Privacy Settings: Check and adjust your privacy settings](#) (video)
- **The Long Game:**
 - Hackers and cybercriminals may be playing the long game ([Word](#) / [PDF](#))

Sources of Referenced Content:

- Educational Computing Network of Ontario - <http://ecno.org/cyber-security/k12cam2020-en/>
- Ontario Cyber Security Centre of Excellence – <https://www.ontario.ca/page/cyber-security-centre-excellence>
- Get Cyber Safe – Government of Canada – <https://www.getcybersafe.gc.ca/en/home>
- Office of the Privacy Commissioner of Canada – <https://www.priv.gc.ca/en/>
- Information and Privacy Commissioner of Ontario – <https://www.ipc.on.ca/>
- RCMP – <https://www.rcmp-grc.gc.ca/>
- Canadian Centre for Child Protection – <https://www.protectchildren.ca/en/>
- MediaSmarts – <https://mediasmarts.ca/>
- Caring for Kids – <https://www.caringforkids.cps.ca/>
- Canadian Paediatric Society – <https://www.cps.ca/>
- White Ribbon – <https://www.whiteribbon.ca/>
- CAMH – <https://www.camh.ca/>
- Ophea – <https://www.ophea.net/>